

Park Lawn Dental

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Instructions after Extractions***Bleeding***

The most common problem after extractions is continued bleeding. Please bite down on the provided gauze pack for a minimum of 2 hours. If you can, bite for longer on the same gauze pack without changing the gauze. This will stop the bleeding and keep the extraction site clean.

Infection

The next most common problem is infection of the site. If antibiotics are prescribed, please take all of them to completion. Rinse gently with warm salt water after 8 hours. Brush gently in the area around the extraction site after 24 hours. Do not chew on the site of the extraction for 24 hours. Do not smoke or drink alcohol for at least 48 hours.

Pain

Pain after the extraction is normal. It will peak and be at its worst the day after the extraction. After which, the pain will decrease day after day. If the pain remains severe and persists then please contact us.

Swelling

Swelling is unusual but can occur with more difficult extractions. Apply cold (ice pack) to the site for 5 minutes at a time, with a 5-minute break between applications. Keep applying ice for the first 2-3 days or until the swelling decreases.

Trismus

Trismus (the inability to open your mouth) can occur with difficult extractions. Cold packs and an anti-inflammatory such as ASA or Ibuprofen will reduce the trismus. It will subside over 1-2 weeks and then return to normal.

In case of emergency please call Dr. Yim on his cellular phone: 647 588-9163